

We are a not-for-profit disability support service based in Box Hill and Nunawading that has been supporting people with intellectual disabilities for over 70 years.

## What we do

### Community connection and participation



Day Programs & Activities



Specialist Day Programs



Recreation



Short Term Respite



Supported Holidays

### Pathways beyond school



Supported Tertiary Education



Work Training and Placements



Skill Development and Training

### Home and living



Supported Independent Living (SIL)



Specialist Disability Accommodation (SDA)

### Support coordination



NDIS Level 2 Coordination of supports



## Frequently Asked Questions

### What is your support ratio?

We are a group-based service provider at a ratio of 1:3. We also can provide 1:1 support in a group-based setting or individually.

### Do you have a minimum amount of support?

Yes there is a minimum amount of days that we offer support. For day programs, specialist day programs and skill development training there is a minimum of 2 days a week. For Supported Tertiary Education there is a minimum of 4 days a week.

### Do you have a cut-off date for enquiries?

For day programs, specialist day programs and skill development training there is no cut-off date, we always take enquiries and can allow support to start at any point in the year. For Supported Tertiary Education cut

### Do you have transport options?

Alkira has its own fleet of buses; transport is available on a fee-for-service basis. Please contact us to find out what transport options are available for your circumstances.

### Who provides support at Alkira?

All support is delivered by our qualified and experienced Alkira staff. Every team member is employed and trained by Alkira, which means you'll see familiar faces and build trusted relationships with people who understand our programs and values. Around 75% of our staff are permanent — either full-time or part-time — which supports consistency and strong connections. Staff turnover is low, with many team members staying for over 10 years, and our longest-serving staff member having been with Alkira for more than 24 years. This continuity helps create a reliable, supportive environment for the people we support.

Our Springfield centre team (Specialist Day Programs) is trained in manual handling, personal care, non-verbal communication, medication administration, incontinence support, peg feeding and use of hoists and mobility equipment, ensuring safe and consistent care.



## Transition from school to further education

Explore your pathways, develop job and life skills, and achieve your goals.

### Supported Tertiary Education

Alkira has been empowering people with intellectual disabilities for over 70 years.

Our dedicated *Momentum* program is for young adults to transition from school to further education, fostering independence, confidence, and skills for the future.

*Momentum* is a 3 year program that is a blend of accredited TAFE courses and Alkira non-accredited programs. With *Momentum* you can study:

- Certificate I in Transition Education (22567VIC)
- Certificate I in Work Education (22566VIC)
- Certificate II in Work Education: Hospitality Stream (22631VIC)

Courses are facilitated by our partner Box Hill Institute (RTO Code: 4687) and supported by Alkira staff at a 1:3 ratio. *Momentum* is based at Box Hill Institute, Nelson Road Campus (Building B10).

From the *Momentum* program we see students go into part time paid work, start their own small businesses or continue developing specific skills for a career path by transitioning into our Post-Tertiary program *Networks*.

“

I really enjoy Alkira. When I first started I made lots of new friends. I'm always excited to meet new people at Alkira.

Sam, *Momentum* program participant

”

“

Thank you so much for guiding and teaching Linden. We can see a great improvement in his behaviour, and he has started striving to be more independent.

Parents of Linden, a *Momentum* program graduate

”

### What we offer

#### Confidence Building



#### Life Skills Training



#### Social Growth



#### Personalised Support



## Why choose supported TAFE?

### In-classroom Support

Our dedicated support staff understand the unique needs of young adults with intellectual disabilities, providing guidance to help them succeed in their studies.

### Campus Support

Beyond the classroom, students can access support during out-of-class times to ensure they have a full campus experience whilst staying safe and comfortable in their surroundings.

### Full integration with TAFE

We collaborate closely with TAFE to ensure students are fully integrated while also offering Alkira programs that enhance learning, skill development and independence.

### No Upfront Fees

To make things easier, we invoice at the end of each month, ensuring a smooth financial process for families.

### A Familiar Learning Environment

With structured in-classroom support, students experience a setting similar to school, helping them navigate the curriculum with confidence.

### Future NDIS Funding Opportunities

Direct intake through TAFE may lead to limited NDIS funding in future years. Earning a TAFE certificate without NDIS funding could impact access to future supports.

### Supported Term Breaks

TAFE operates on a yearly four-term schedule, similar to schools, with three term breaks and a longer Christmas break. Alkira continues to run programs during these breaks, providing ongoing social opportunities and maintaining a structured routine for students.

## Why Choose Alkira?

### Proven Expertise

With decades of experience in disability support, Alkira has a strong track record of helping young adults succeed. Our Momentum program has been running for over 15 years, supporting over 150 participants in achieving their education and career goals.

### Collaborative Approach

We work closely with families and TAFE educators to provide tailored support, ensuring each student gets the most out of their learning experience.

### Pathway to Independence

Our programs are designed to help young adults build confidence, develop essential skills, and transition successfully into further education, employment, and independent living.

## How to Get Started

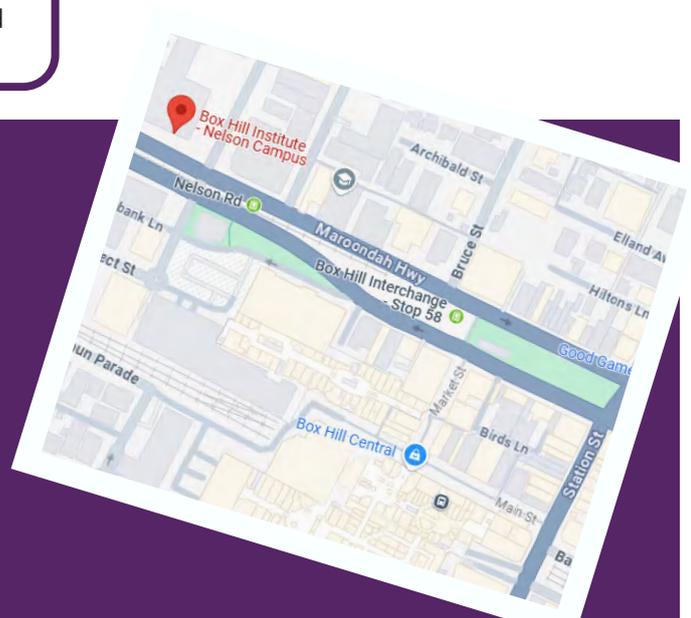
Applications are now open for our 2027 program!

**Contact Amelia:**  
info@alkira.org.au  
9958 4012

## Our other services

- After-hours Recreation
- Respite
- Daily Group Support
- Supported Independent Living
- Supported Holidays

[www.alkira.org.au](http://www.alkira.org.au)



## Day Programs

A wide range of options on site and out into the community.

Our Day Programs are offered as group or individual activities. From Monday to Friday 8:45 to 3pm.

## Why Choose Alkira?



### Proven Expertise

We have been supporting people with intellectual disabilities, and their families, for over 70 years.



### Flexible Options and Availability Across All Days

We offer a wide range of programs and build your timetable around your choices. With availability across all weekdays, you can decide when and how you'd like to be supported.



### Experienced Support Workers

Our 188 qualified support workers provide over 200,000 hours of Community Supports annually, assisting more than 260 participants.



### Small Groups with Like-minded Peers

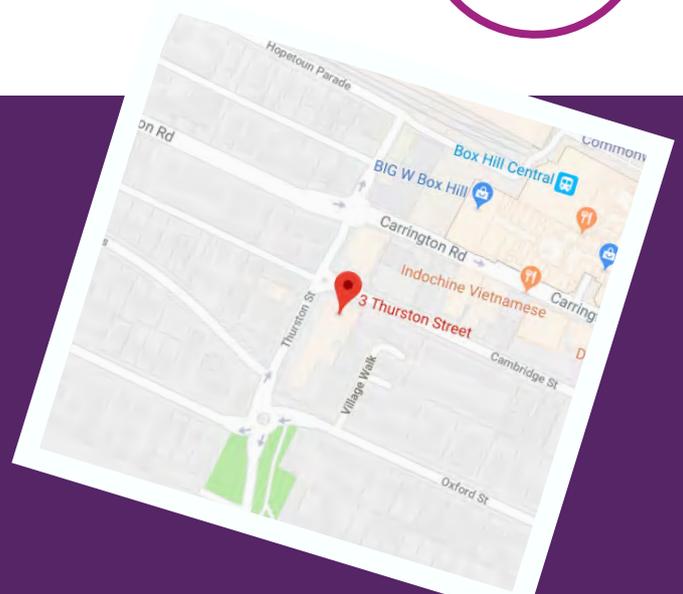
We offer group programs at a ratio of 1:3, with 50% of Alkira participants aged between 18 and 35 years old.

1:1  
support  
options  
available

## Our other services

- After-hours Recreation
- Respite
- Supported Tertiary Education
- Supported Independent Living
- Supported Holidays

[www.alkira.org.au](http://www.alkira.org.au)



# Build Your Timetable

## CREATE

We offer many programs that will support you to find a creative outlet you enjoy. From art, craft and clay works to music and film.



**50%** of participants choose a creative outlet, whether it be art, film or music.

## EXERCISE

There are many ways to have fun whilst keeping physically healthy. We offer different group sports as well as bike rides and gym sessions.



**35%** of participants choose exercise options like the Gym, Swimming or a Sport.

## LEARN

We never stop learning. Further independent living skills with our programs that focus on healthy meal preparation, computer skills or daily living tasks.



**58%** of participants choose learning life skills programs like Healthy Lifestyle and Independence at Home

## SPECIALISE

We offer opportunities to build work related skills such as customer service, hospitality and retail skills. Participants enjoy gaining real work experience whilst being on the teams in our AlkiraBiz Cafe and our Op Shop.



Last year our Specialise programs were voted most popular!

“ The thing I like most about my day service programs is being with my friends

*Connections participant*

”



## Specialist Day Programs

At our purpose-built site in Nunawading

- Monday to Friday 8:45am to 3:00pm.
- Ratio of support is 1:3, with 1:1 available.
- Disability purpose built with assistive technologies.
- NDIS funded services with some out of pocket activity fees.
- Spaces available for the first time since opening in 2021.
- Accepting referrals and applications now.

---

**A PURPOSE-BUILT  
SITE PAIRED WITH  
EXPERIENCED STAFF  
AND A FLEXIBLE  
PROGRAM SCHEDULE**



# Accessibility Features

Springfield is designed to provide comfort, safety, and dignity for participants with higher needs, featuring:

- Extra-wide hallways for mobility support
- Wave-to-open automatic doors
- Large windows and open areas
- Accessible community activity spaces.

We have a range of different programs that can focus on a healthy lifestyle, independent living skills, technology skills and creative expressions.



## High-low bed in the personal care room

Springfield centre includes a spacious personal care room equipped with a bariatric height adjustable-bed and an electric hoist.



## Ceiling Hoists

An additional hoist is available in our relaxation room. All staff are trained to safely support personal care and mobility needs.



## Hearing Loop System

A hearing loop allows access to clearer communication for those with hearing impairments.



## Safe Drop-off Zone

The circular driveway allows a simple and safe entry and exit to the building.



## Accessible Kitchens

The two kitchens include: appliances with assistive technology, bench height adjusters, induction cooktops and side opening oven doors.



## Sensory Garden

Out the back of the building you'll find a peaceful garden retreat offering a quiet space for reflection and relaxation. Designed to provide a rich sensory experience, the area features flowing water elements, textured garden accessories, and vibrant plant life that create a soothing atmosphere. Whether enjoying the visual beauty of the gardens or simply taking a moment of calm, this inviting space offers a gentle atmosphere.



## Sensory Room and Quiet Spaces

Our sensory room is thoughtfully designed to reduce anxiety and support engagement. It features a calming sensory wall, bubble tube, and sound beam technology to stimulate and soothe. These tools promote creative expression, therapeutic interaction, and relaxation. We also offer quiet areas for those needing personal space or emotional regulation.