



For School Leavers



belong. connect. aspire.

Day Programs

A wide range of options on site and out into the community.

Our Day Programs are offered as group or individual activities. From Monday to Friday 8:45 to 3pm.

Why Choose Alkira?



Proven Expertise

We have been supporting people with intellectual disabilities, and their families, for over 70 years.



Flexible Options and Availability Across All Days

We offer a wide range of programs and build your timetable around your choices. With availability across all weekdays, you can decide when and how you'd like to be supported.



Experienced Support Workers

Our 188 qualified support workers provide over 200,000 hours of Community Supports annually, assisting more than 280 participants.



Small Groups with Like-minded Peers

We offer group programs at a ratio of 1:3, with 50% of Alkira participants aged between 18 and 35 years old.

**1:1
support
options
available**

Our other services

- Supported Holidays
- After-hours Recreation
- Respite
- Further Education
- Supported Independent Living

www.alkira.org.au



Build Your Timetable

CREATE

We offer many programs that will support you to find a creative outlet you enjoy. From art, craft and clay works to music and film.



50% of participants choose a creative outlet, whether it be art, film or music.

EXERCISE

There are many ways to have fun whilst keeping physically healthy. We offer different group sports as well as bike rides and gym sessions.



35% of participants choose exercise options like the Gym, Swimming or a Sport.

LEARN

We never stop learning. Further independent living skills with our programs that focus on healthy meal preparation, computer skills or daily living tasks.



58% of participants choose learning life skills programs like Healthy Lifestyle and Independence at Home

SPECIALISE

We offer opportunities to build work related skills such as customer service, hospitality and retail skills. Participants enjoy gaining real work experience whilst being on the teams in our AlkiraBiz Cafe and our Op Shop.



Last year our Specialise programs were voted most popular!

“ The thing I like most about my day service programs is being with my friends ”

Connections participant



Transition from school to further education

Explore your pathways, develop job and life skills, and achieve your goals.

Alkira has been empowering people with intellectual disabilities for over 70 years.

Our dedicated *Momentum* program is for young adults to transition from school to further education, fostering independence, confidence, and skills for the future.

Momentum is a 3 year program that is a blend of accredited TAFE courses and Alkira non-accredited programs. With Momentum you can study:

- Certificate I in Transition Education (22567VIC)
- Certificate I in Work Education (22566VIC)
- Certificate II in Work Education: Hospitality Stream (22631VIC)

Courses are facilitated by our partner Box Hill Institute (RTO Code: 4687) and supported by Alkira staff at a 1:3 ratio. *Momentum* is based at Box Hill Institute, Nelson Road Campus (Building B10).

From the *Momentum* program we see students go into part time paid work, start their own small businesses or continue developing specific skills for a career path by transitioning into our Post-Tertiary program *Networks*.

“

I really enjoy Alkira. When I first started I made lots of new friends. I'm always excited to meet new people at Alkira.

Sam, Momentum program participant

”

“

Thank you so much for guiding and teaching Linden. We can see a great improvement in his behaviour, and he has started striving to be more independent.

Parents of Linden, a Momentum program graduate

”

What we offer

Confidence Building



Life Skills Training



Social Growth



Personalised Support



Why choose supported TAFE?

In-classroom Support

Our dedicated support staff understand the unique needs of young adults with intellectual disabilities, providing guidance to help them succeed in their studies.

Campus Support

Beyond the classroom, students can access support during out-of-class times to ensure they have a full campus experience whilst staying safe and comfortable in their surroundings.

Full integration with TAFE

We collaborate closely with TAFE to ensure students are fully integrated while also offering Alkira programs that enhance learning, skill development and independence.

A Familiar Learning Environment

With structured in-classroom support, students experience a setting similar to school, helping them navigate the curriculum with confidence.

Future NDIS Funding Opportunities

Direct intake through TAFE may lead to limited NDIS funding in future years. Earning a TAFE certificate without NDIS funding could impact access to future supports.

Supported Term Breaks

TAFE operates on a yearly four-term schedule, similar to schools, with three term breaks and a longer Christmas break. Alkira continues to run programs during these breaks, providing ongoing social opportunities and maintaining a structured routine for students.

No Upfront Fees

To make things easier, we invoice at the end of each month, ensuring a smooth financial process for families.

Why Choose Alkira?

Proven Expertise

With decades of experience in disability support, Alkira has a strong track record of helping young adults succeed. Our Momentum program has been running for over 15 years, supporting over 150 participants in achieving their education and career goals.

Collaborative Approach

We work closely with families and TAFE educators to provide tailored support, ensuring each student gets the most out of their learning experience.

Pathway to Independence

Our programs are designed to help young adults build confidence, develop essential skills, and transition successfully into further education, employment, and independent living.

How to Get Started

Applications are now open for our 2026 program!

Contact Veronica Paouros:

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0479 172 333

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- After-hours Recreation
- Respite
- Daily Group Support
- Supported Independent Living

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